



## Suggested Retreat Packing List

### Clothing

- Shirts
- Pants
- Undergarments
- Socks
- Pajamas
- Sweatshirts or sweaters (layers are a must!)
- Sweatpants
- Hat (cap or winter hat)
- Jacket (Warm or Rain)

### Linens

- Bath towel
- Sleeping bag or sheet set & blanket (size will be shared by your group leader)
- Pillow and pillow case
- Washcloth

### Shoes

- Sneakers
- Boots (Rain or Snow)
- Shower shoes (optional)

### Toiletries

- Bathroom/cosmetic bag
- Toothbrush & toothpaste
- Soap
- Comb/brush
- Shampoo & conditioner
- Deodorant
- Insect Repellent

### Other Items

- Waterbottle
- Backpack
- Flashlight
- Sunglasses
- Umbrella (weather dependent)
- Books, cards, small games
- Medications
- Feminine Hygiene Products

**\*Please do not bring any valuable or sentimental items. Harlam is not responsible for any lost or broken items.**

**\*Youth retreats are encouraged to label all clothing and personal items.**